

**Rise Adjustment**

Decide whether you need a size 1 nappy or size 2. If you need size 1, follow the steps below, otherwise, skip these steps.



When nappy is not adjusted it equates to size 2, fits babies from 20 lbs to potty training.



**SIZE 1**  
 Fold down the tummy section and snap it in place

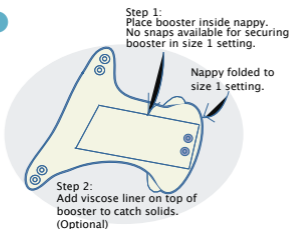


You are now ready to place boosters in the nappy.

**Size 1 Setup - up to 20lbs approx**

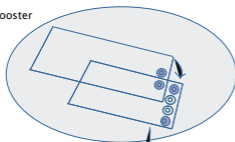
You can set up your nappy for daytime use or night-time use. If you have a heavy wetting baby, you can use the night-time setup.

**Daytime Setup**



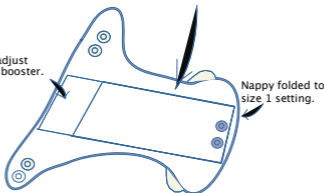
**Night Time Setup**

**Step 1:** Snap Size 2 Booster to Size 1. This gives you a super night booster



**Step 2:** Place the doubled booster into place. Boosters cannot be snapped into the nappy in size 1

**Step 3:** You might need to adjust the length of size 2 booster.

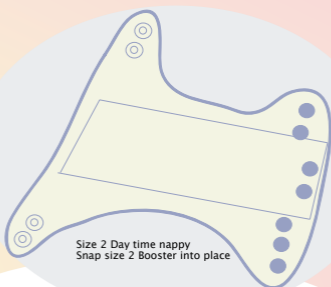


For night time it's optional whether to use a viscose liner or not. Depends whether your baby soils the nappy at night or not.

## Size 2 Setup – from 20lbs approx

You can set up your nappy for daytime use or night-time use. If you have a heavy wetting baby, you can use the night-time setup at all times. In this setup you don't adjust the rise of the nappy

### Daytime Setup

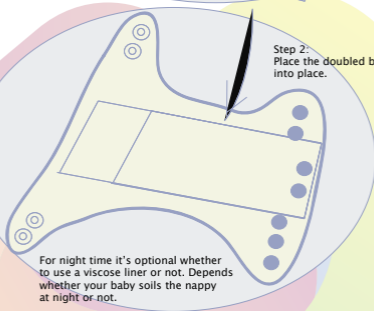


### Night Time Setup

Step 1:  
Snap Size 2 Booster to Size 1.  
This gives you a super night booster



Step 2:  
Place the doubled booster  
into place.



If your baby grows out of the largest settings on the nappy, you can extend the nappy using our snap on extenders, giving your 4 to 5 inches more around the waist.

